#### **SPEAKING NOTES**

# MR. CAREY BROWN – EXECUTIVE DIRECTOR, JADCO

### SENIOR ATHLETES ANTI-DOPING EDUCATION WORKSHOP

### **SATURDAY, NOVEMBER 21, 2015**

## LIGUANEA CLUB

LADIES AND GENTLEMEN, GOOD MORNING.

MAKING SPORT YOUR CAREER IS A BIG DECISION AND WHILE IT MAY SEEM NOTHING BUT GLAMORUOS TO THOSE LOOKING ON, YOU KNOW HOW CRITICAL SOME OF THE ELEMENTS YOU HAVE TO MANAGE ARE.

ANTI-DOPING IS ONE SUCH ELEMENT. DECISIONS YOU MAKE ON AND OFF THE FIELD CAN POTENTIALLY MAKE OR BREAK YOUR CAREER AND AFFECT YOUR LIFE, WHETHER OR NOT THEY WERE INTENTIONAL.

AS THE COUNTRY'S ANTI-DOPING ORGANISATION, THE JADCO TEAM HAS MADE IT OUR RESPONSIBILITY TO PROVIDE YOU WITH RELEVANT KNOWLEDGE SO THAT YOU CAN USE IT TO GUIDE YOUR ACTIONS.

IT IS CRITICAL THAT YOU UNDERSTAND THE RULES GOVERNING DOPING IN SPORT, YOUR RIGHTS AND RESPONSIBILITIES AND THE IMPORTANCE OF MAKING ETHICAL DECISIONS. ALL OF THIS IS NECESSARY IN ORDER TO PROTECT YOUR HEALTH AND REPUTATION AND TO HELP YOU TO SURVIVE IN THE PROFESSIONAL WORLD.

THIS WORKSHOP IS FOR YOU. IT IS ONE WAY OF KEEPING THE LINES OF COMMUNICATION OPEN TO PROVIDE THE NECESSARY SUPPORT IN THE AREA OF ANTI-DOPING. WE STAND READY TO HAVE DIALOGUE WITH YOU TODAY AND THROUGHOUT YOUR SPORTING CAREERS, SO THAT WE CAN KEEP YOU WELL INFORMED.

IT IS ALSO IMPORTANT THAT WE DO NOT NEGLECT THE MEMBERS OF YOUR SUPPORT TEAM. YOUR COACHES, DOCTORS, NUTRITIONISTS, MANAGERS AND OTHERS ARE JUST AS VULNERABLE AND SO WE HAVE SOUGHT TO MAKE THEM A PART OF THE DIALOGUE AS WELL. THEY ARE THE ONES WHO SURROUND YOU DAILY AND HELP TO MENTOR YOU ON YOUR PROFESSIONAL JOURNEY SO THEY NEED TO BE JUST AS KNOWLEDGABLE. TO ALL THE ATHLETE SUPPORT PERSONNEL HERE TODAY, I ENCOURAGE YOU TO CONTINUE TO TAKE THAT RESPONSIBILITY VERY SERIOUSLY.

I TRUST THAT WE WILL HAVE A PRODUCTIVE DAY TOGETHER AND THAT ALL OF US WILL CONTINUE TO PLAY OUR PART TO KEEP OUR SPORTING PROGRAMME CLEAN.

THANK YOU.