

## WHEREABOUTS SUBMISSION DEADLINE

Quarter	Whereabouts Period	Due Dates
Q1	Jan - Mar	Dec 15
Q2	Apr - Jun	Mar 15
Q3	Jul - Sept	Jun 15
Q4	Oct - Dec	Sept 15

- Whereabouts Information for the upcoming quarter must be posted in the Anti-Doping Administration and Management System (ADAMS) by athletes in the Registered Testing Pool (RTP) and Lower Testing Pool (LTP) by the specified deadlines.
- Athletes in the Lower Testing Pool are not required to provide a 60-minute time slot in their whereabouts information.



## WHEREABOUTS FAILURES: FILING FAILURE

Failure to submit your whereabouts information by the deadline or submitting incomplete or misleading information may constitute a Filing Failure. Failure to be at the location specified in your whereabouts information within the 60-minute time slot may constitute a Missed Test. Any combination of three Filing Failures and/or Missed Tests within a twelve month period by an athlete in the Registered Testing Pool may result in an Anti-Doping Rule Violation (ADRV).

***For further information please contact the  
Whereabouts Officer at (876) 929-3500.***

### **The Jamaica Anti-Doping Commission**


Ballater Multiplex


1 Ballater Avenue, Kingston 10

Tel: (876) 960-2416 | (876) 929-3500

Toll Free: 888-429-5232

Fax: (876) 929-6006  [www.jadco.gov.jm](http://www.jadco.gov.jm)

 [JamaicaAntiDopingCommission](https://www.facebook.com/JamaicaAntiDopingCommission)

 [Ja\\_antidoping](https://twitter.com/Ja_antidoping)  [jadcoeducation](https://www.youtube.com/jadcoeducation)



## WHEREABOUTS & ANTI-DOPING RULE VIOLATIONS



# IMPORTANT !!!

## The Prohibited List

The World Anti-Doping Agency (WADA) publishes a revised List of Prohibited Substances and Methods on January 1, each year. Athletes and their support personnel must comply with restrictions on the list, except in cases where a Therapeutic Use Exemption (TUE) Certificate is granted. Failure to comply constitutes an Anti-Doping Rule Violation.

## Strict Liability Principle

The Strict Liability principle states that athletes are responsible for any prohibited substance found in their sample, whether or not they intentionally or unintentionally used a prohibited substance.

## The Anti-Doping Rule Violations

Doping is defined as the occurrence of one or more of the following Anti-Doping Rule Violations:

# THE ANTI-DOPING RULE VIOLATIONS

1. Presence of a prohibited substance (or its metabolites or markers) in an athlete's sample.
2. Use or attempted use by an athlete of a prohibited substance or method.
3. Evading, refusing or failing to submit to sample collection.
4. Whereabouts failures (Three Missed Tests and/or Filing Failures in a 12 month period).
5. Tampering or attempted tampering with any part of the doping control process.
6. Possession of a prohibited substance or a prohibited method.
7. Trafficking or attempted trafficking in any prohibited substance or prohibited method.
8. Administration or attempted administration to an athlete of any prohibited substance or prohibited method.
9. Complicity or attempted complicity.
10. Prohibited Association.
11. Acts by an athlete or other person to discourage or retaliate against reporting to authorities.